

Signs of Abuse/ Abusive Relationships

- Violent outbursts
- Isolation from family and friends
- Feelings of worthlessness
- Physical assault
- Fear for self or children
- Threats of violence
- Threats of destruction of property or injury/death to pets
- Feelings of guilt or shame
- Insults, put downs, name calling
- Jealousy or accusations of cheating
- Broken promises to change
- Control of all the money
- Forced sex

Abuse can be physical, emotional, financial or sexual in nature – that you find degrading, limiting, upsetting or painful.



How You Can Help

- **Safe Shelter Campaign** – Partner with Halton Women's Place and sponsor a room in the shelter.
- **Sponsor a Child** – Give a child in your community a chance to break the cycle of violence, sponsor a child during their stay at HWP.
- **Annual Special Events** – Show your support by attending our annual events.
- **Special Occasions** – Join the very special group of HWP supporters who **share their special occasions by making a donation in lieu of gifts.** Such occasions might include birthdays, anniversaries and retirement.
- **Workplace Events** – Does your workplace have an event that they could share with Halton Women's Place? You and your company could make a difference by providing donations or proceeds from:
 - Casual days at work
 - Raffles and/or Silent Auctions
 - Company golf tournament or other events
 - Matching Gifts Program

For more information on how you can help, contact the Director of Development at 905-332-1200, ext. 222 or visit our website at www.haltonwomensplace.com.

Funding

Halton Women's Place receives approximately 75% of its funding from the Ministry of Community and Social Services.

The remaining 25% is raised through charitable donations from individuals, groups, clubs, corporations and foundations.

For more information on our services and shelter needs or to make a donation, please visit www.haltonwomensplace.com.



Halton Women's Place

Healthy Relationships • Healthy Communities

2025 Guelph Line, Suite 223
Burlington, ON L7P 4X4

Administration: 905-332-1200
Facsimile: 905-332-1155

Email: info@haltonwomensplace.com
Website: www.haltonwomensplace.com

HWP North: 905-878-8970
Crisis Line: 905-878-8555

HWP South: 905-332-1593
Crisis Line: 905-332-7892

Registered Charitable No. 10746 2558 RR0001 (2/06)



Halton Women's Place

Healthy Relationships • Healthy Communities

*Abuse has
no boundaries.
You can help!*



1 in 4 women in Canada are abused and the violence continues at an alarming rate!

For you and your neighbours in the Halton Region, Halton Women's Place is the only emergency shelter for abused women and their dependent children. Our shelters located in *Milton* and *Burlington* also serve *Oakville, Acton and Georgetown (Halton Hills)*.



- More than 700 women and 400 children access our services as residential and/or community clients every year.
- Women and children from all socio-economic backgrounds use our services.
- Staff respond to more than 2,000 crisis calls a year.
- 50 beds are available on a daily basis.
- Our shelters operate at **over 100%** capacity more than 30% of the time.
- Our shelters are open 365 days a year, 24-hours a day.

Your support of Halton Women's Place is an investment in the health of our community!

Halton Women's Place is a non-profit organization devoted to assisting abused women and their dependent children. We offer the following services at no charge:

- Safe shelter that is strictly non-judgemental and supportive.
- Comprehensive, non-residential and residential crisis counselling services to women and their dependent children.
- 24-hour telephone counselling for women who just need to talk.
- Referrals to other services as necessary.
- Meals and emergency clothing.
- Therapeutic and recreational activities to meet the needs of both pre-school and school-aged children.

In December 2003, Statistics Canada released a study that concluded that 65% of children who were abused at a young age developed abusive behaviour in their future.

With over **60%** of our residents being children, Halton Women's Place Child and Youth Program is a crucial service to break the cycle of violence against women.

Your generous gift will make a significant difference in our young residents' lives by providing one-to-one counselling, group counselling, therapeutic play, safety planning, healthy meals and time for them to just be kids.



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Yes, I would like to invest in the safety of women and children of Halton!

You can donate online at www.haltonwomensplace.com

An official e-tax receipt will be emailed directly to you.

Enclosed please find my donation for:

- \$25 \$50 \$75 \$100
 \$200 Other \$ _____

Payment: (check one) Cheque / Money Order

American Express MasterCard VISA

Card No. _____ Ex. _____

Signature _____

Phone No. _____

Kindly mail my tax receipt to:

Name _____

Company _____

Address _____

Email _____

We do not solicit door-to-door nor sell/trade our mailing list.

 *Thank You*

Your contribution will enhance the level of service Halton Women's Place currently offers and help foster healthy relationships in our community.

Registered Charitable No. 10746 2558 RR0001

