

Services Provided

*Shelter & support services for women
as they establish violence-free lives in their community*

Halton Women's Place is a non-profit organization devoted to assisting abused women and their dependent children.

- We provide free, safe shelter that is strictly non-judgemental and supportive for up to six weeks.
- We have two locations, one in Milton and one in Burlington, serving the Halton Region.
- We offer free comprehensive, non-residential and residential counselling services to abused women and their dependent children.
- We also provide telephone counselling for women who just need to talk.
- We can refer women to other support services as necessary.
- We provide meals and emergency clothing.
- We offer therapeutic and recreational activities to meet the needs of both pre-school and school-aged children.

The staff at Halton Women's Place knows that living with an abusive partner is tragic. They know that you have dedicated your life to your partner and family. They know that you are willing to try anything to stop the pain.

You have options!

If you decide to leave . . .

- Call Halton Women's Place for the location of the shelter nearest you.
- Take your children with you to avoid custody problems in the future.
- Take your money, address book, health card and identification.
- If you have time, take clothing and personal items.
- If necessary, call Halton Women's Place and ask us for emergency transportation.

We will house you and your children for up to six weeks and, if you decide that you are not going back, we will refer you to resources that will assist you in locating alternate accommodation.

In partnership with the Ontario Veterinary Medical Association we can offer the SafePet Program. This program was developed to provide temporary boarding space with local veterinary clinics for pets of women who are seeking refuge in women's shelters.

While you are in the shelter you can expect to receive:

- Safe shelter (including meals and basic personal items)
- Children's programs, both pre-school and school-aged
- Court support for interim custody and restraining orders
- One-to-one counselling as needed
- Supportive group counselling
- Outside referrals

- Depart planning

If you decide not to leave . . .

Halton Women's Place Crisis Lines are available 24 hours a day, seven days a week. Staff will offer support, counselling, and information in complete confidentiality over the telephone or at our shelters. No appointment is necessary.

Abuse can be physical, emotional, financial or sexual in nature – that you find degrading, limiting, upsetting or painful.

Abuse is also . . .

Surprisingly Common. Recent national studies show that one out of every four women in Canada is assaulted in her home environment.

Dangerous. Assault of women by their partners is responsible for 61% of all female murders in this country.

A Persistent Problem. Experts say that children who grow up in homes where abuse occurs are more likely to become victims of abuse or abusers themselves.

Abuse has no boundaries . . .

Our Guiding Principles:

- First consideration will be for the safety and well-being of the woman and her children.
- Program will assist women in identifying the choices and resources available to them and their children.
- Program will respect a woman's right to make her own choices.

You are not alone and you are not to blame!

A Transitional Support Worker can meet with you to assist in creating a safety plan, help you leave an abusive relationship and establish a new life on your own.

A transitional plan will be developed based on the types of supports you need to live with enhanced security, comfort and dignity.

The Transitional & Housing Support Program provides women with support, counselling, advocacy and information.

We can help with:

- Safety planning
- Transitional planning and assistance in carrying out a plan for change
- Assistance with housing applications and finding and maintaining housing

- Support and referrals to counselling programs
- Referrals and advocacy to parent/child resources
- Referrals to health and wellness services
- Connections to educational upgrading and job training resources
- Advocacy and assistance on how to obtain financial assistance
- Interpreter services
- Assistance with Legal Aid applications
- Preparation and assistance with court appearances and lawyer appointments
- Help with identifying options
- Follow up

Our services are completely confidential, strictly non-judgemental and supportive. There is no fee for service.

We accept referrals from:

- Woman Herself
- Emergency Shelters
- Counselling Programs
- Social Housing Providers
- Community Agencies
- Legal or Police Services
- Physicians or Health Services
- Any Other Service Providers

We serve the Halton Region including Milton, Burlington, Oakville, Acton and Georgetown (Halton Hills).

It is time to do something,
because a life without violence is the only life to live!

If you are in an abusive relationship

We urge you to get in touch with us. The situation you are dealing with is potentially dangerous. Halton Women's Place has helped many women break the cycle of violence and go on to lead happier, healthier and much safer lives. You can do it too!

We can help . . .

For more information or to book an appointment, please call:

Transitional Support Worker

905-878-0386 ext. 321